

WEEK 1

MONDAY

Macaroni Cheese
With Homemade
Garlic Bread (V)
or
Shepherdess Pie (V)
Seasonal Vegetables

OR

Jacket Potato
Loaded with
Veggie Bolognaise
(V)

Dessert

Organic Yoghurt Selection

TUESDAY

British Sausages
(chicken)
or Veggie Sausages (V)
Mashed Potatoes
Green Beans &
Sweetcorn

OR

Winter Warmer Soup
with
Crusty Bread (V)

Dessert

Jelly Delight Pots

WEDNESDAY

Sticky Chicken
Drumstick
or Quorn Roast (V)
Roast Potatoes,
Fresh Broccoli &
Roasted Carrots
with Gravy

OR

Vegan
Pasta with
Homemade
Marinara Sauce (V)

Dessert

Peach Cake
With Custard

THURSDAY

50% Plant Protein
Lamb Burrito or
Chakalaka (V)
(South African beans)
Wholegrain Sunshine Rice
Mini Sweetcorn Cobettes

OR

Jacket Potato
Filled with
Tuna

Dessert

Fresh Fruit Selection

FRIDAY

Classic Crispy
Battered Fish or
Cheese Flan (V)
with Chips,
Garden Peas
Baked Beans

OR

Vegan
Pasta with
Homemade
Tomato & Basil
Sauce (V)

Dessert

Apricot Flapjack with
Organic Oats

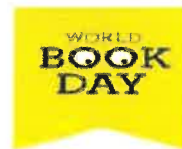
THEME DAYS



"Veganuary"
The Month
of January



Chinese New
Year, Feb
12th



World
Book Day
Mar 4th



Each day our
children can enjoy
unlimited salad and
fresh bread.

A nutritious meat or
vegetarian dish of the day is
served with vegetables, or have
something from the pasta /
jacket station.

Finish it all off with a
yummy dessert or fresh fruit,
washed down with a
glass of milk or water