



# Chase Side Primary School

## Intimate Care Policy

Reviewed and Adopted by the Governors of Chase Side Primary School on Thursday 26<sup>th</sup> March 2026

Next review: March 2027

## 1. Purpose

This policy aims to ensure that all children requiring intimate care are treated with dignity, respect, and sensitivity. It safeguards the rights and welfare of children while promoting their independence and maintaining their privacy.

## 2. Scope

This policy applies to all staff involved in providing intimate care to children, including toileting, changing, and assistance with personal hygiene.

## 3. Principles

- Every child has the right to privacy, dignity, and respect.
- Intimate care will be provided in a way that is sensitive to the child's needs and cultural background.
- Children will be encouraged to develop independence in their personal care as appropriate.
- Parents/carers will be involved and informed about intimate care arrangements.
- Staff will maintain confidentiality and follow safeguarding procedures.
- Intimate care will be delivered in line with the school's trauma-informed approach and Zones of Regulation framework to support emotional well-being.

## 4. Definitions

Intimate care involves tasks related to personal hygiene and bodily functions, including washing, changing, toileting, and menstrual care.

## 5. Roles and Responsibilities

- **Staff:** All staff providing intimate care are trained and have an enhanced DBS certificate. They will follow agreed procedures and maintain confidentiality.
- **Parents/Carers:** Will provide consent and collaborate with staff to support the child's needs.
- **Leadership Team:** Ensure staff training, policy implementation, and safeguarding compliance.

## 6. Procedures

- Written consent must be obtained from parents/carers before regular intimate care is provided (see Consent Form Template).
- Consent will be reviewed regularly.
- Staff should ensure privacy by closing doors or using screens.
- Two adults should be present when possible during intimate care to safeguard both child and staff.
- Staff will wear disposable gloves and follow hygiene protocols.
- Children will be encouraged to do as much as possible independently.
- Any concerns or unusual findings (e.g., marks, injuries) will be reported immediately to the Designated Safeguarding Lead (DSL).
- All intimate care incidents will be recorded using the Intimate Care Record Template.

- Records will be kept confidential and stored securely.

### **7. Safeguarding**

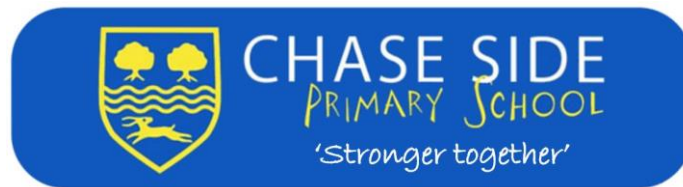
- The school's safeguarding policies apply fully to intimate care.
- Any concerns about abuse or neglect will be reported immediately according to safeguarding procedures.
- Staff will receive regular training on safeguarding and trauma-informed care.

### **8. Training**

- Staff will receive induction and ongoing training on intimate care procedures.
- Training will include cultural sensitivity and promoting child independence.

### **9. Monitoring and Review**

- This policy will be reviewed annually or as needed.
- Feedback from staff, children, and parents will be sought to inform improvements.



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## Parental Consent for Regular Intimate Care

Childs Name	
Class	

I give permission for staff at Chase Side Primary School to provide intimate care to my child as needed, including assistance with toileting, changing, and personal hygiene.

I understand that staff will act in my child's best interests and maintain privacy and dignity at all times.

Name Parent / Carer	
Signature	
Date	

