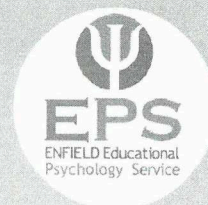
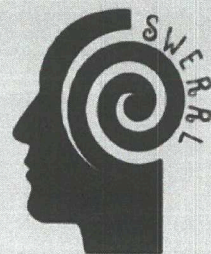


# The Incredible Years Parenting Programme 5-11 years



## Develop a positive parenting tool kit

- Support your child to manage their feelings, and deal with difficulties
- Better awareness to manage your own emotional responses
- Help your child to listen to and cooperate with instructions
- Foster a more secure relationship and strengthen trust
- Build your child's self esteem
- Experience more joyful parenting

©The  
**Incredible  
Years**®



Join a supportive weekly group to share this 12 week programme

Taking place at Bush Hill Park Primary School

Starting: **Friday 21<sup>st</sup> April 2023**

To register your interest, and to receive a follow up call, please visit your child's school to ask for a registration form

Limited spaces are available

Delivered by accredited Incredible Years' Practitioners from Enfield Primary Behaviour Support Service SWERR Team

Strengthening wellbeing, emotional health, relationships and readiness for learning

Email: [Office.BSS@enfield.gov.uk](mailto:Office.BSS@enfield.gov.uk)

In partnership with Enfield Educational Psychology Service

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