

Manor  
Adventure  
Year 6  
School  
Journey



CHASE SIDE  
PRIMARY SCHOOL  
'stronger together'

# Manor Adventure Background Information



- New centre acquired 2016
- Exceptional setting in 65 acres
- Accommodation for pupils and teachers in luxury apartments
- Exciting range of water sports plus 25 land based outdoor pursuits
- 37 acres of safe water for beginners to intermediates
- All outdoor pursuits on site

# So what makes Manor Adventure different?

- First class facilities
- Secure safe location
- Quality instructors
- 19 Activity sessions per week (Monday-Friday)
- Profits re-invested every year since 1991 to improve activities.
- Food included
- High re-booking levels



# So what makes Manor Adventure Norfolk different?

Norfolk Lakes Adventure Centre has become our water sports and outdoor pursuits flag ship on the eastern side of the UK. Norfolk Lakes is located on the edge of the village of Lyng, situated on the River Wensum only 11 miles north west of Norwich.

The facilities on offer to schools are absolutely superb with accommodation units on either side of a very large indoor facility which offers a range of indoor activities, common rooms for teachers and pupils with dining facilities.



# Accommodation

- Separate accommodation blocks to other school parties
- Teachers rooms nearby to students rooms
- Duty Instructor (24 hours via radio)
- Schools stay together: eat, sleep and do activities - some in groups some as a whole year group



# Food

- All food is cooked on site
- There are a range of options available at every meal
- The specialist kitchen has been able to deal with all food needs that we have requested including more challenging ones



This is an actual picture (taken by Mr Osbourne) of the breakfast on offer every morning!



# Purpose of the course for each and every child:

- Develop an inner confidence (sometimes accomplishing things you didn't think you could at first!)
- Develop social skills
- Exercise team building skills
- Experience new exciting activities



# Health and Safety

- Number one priority – instructors make this very clear!
- AALA Licence
- Regularly inspected by Health & Safety Executive
- Approved centre status
- Conform to all Governing Body Guidelines
- Each activity Risk Assessed
- On site medics and 4x4 rescue vehicle
- All activities radio linked to duty manager
- Activities, equipment and instructors continually monitored and assessed.



# Activities Superbreak!

Our usual activities are:

- Kayaking (double session)
- Canoeing (double session)
- Giant Canoeing
- Archery
- Climbing
- Bouldering
- Obstacle Course
- Rifles
- Low Ropes
- Stand Up Paddle Boarding
- Survival Skills
- Initiative Exercises
- Caving
- Disco
- Volleyball
- Fencing
- Campfire



# Open Canoes/Kayaks



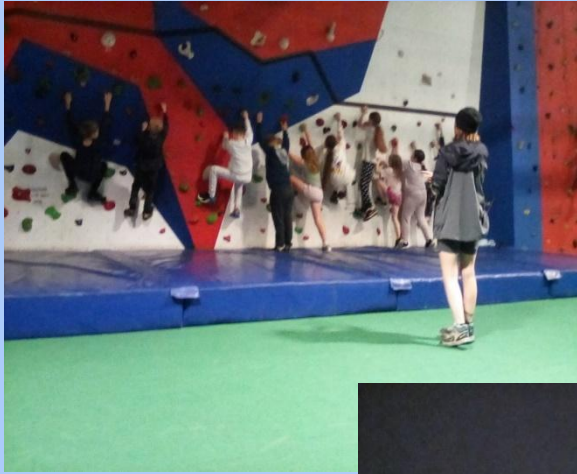
# Stand Up Paddle Boarding



# Climbing



# Bouldering / Fencing / Archery / Caving / Axe Throwing / Rifles



# Low Ropes / Obstacle Course



# A few essentials!

- No need to bring wellies – cant wear for walking/activities (Health and Safety)
- Rucksack
- Lace up trainers preferably – not slip on (but old trainers)
- Swimming shoes (very much optional)
- Water Bottle
- Waterproof coat
- No jeans – (the instructors are very health and safety focused for activities and jeans restrict movement)
- Children must bring towels, sleeping bag and pillow & pillow case



# Cost

- Already booked for 21st to 25th September 2026
- Cost is £510 and there are various payment options:
  - i. Pay in full**
  - ii. Payment Plan**
  - iii. Discuss payment plan with Headteacher**
- 40 places available to book
- 28<sup>th</sup> November 2025 – Pay non-refundable deposit of £50 and return signed consent forms



# What you need to do:

- Take home your pack tonight – all of the information is included in the two letters
- Have a conversation with your child – do they want to go?!
- Return the consent slip and payment slip (with deposit payment) to the school office
- Place only secure with a deposit of £50 – non-refundable
- Add the repayment dates to your calendar!
- Please note – a cancellation fee from the centre will apply
- Medical forms – these will be sent out closer to the time of the trip (Approximately June 2026)

